In addition, seminar attendees who are not members of CODE can take advantage of 9.99% kill rate accompanied by a residual effect. As a result of being used for patients who are in the habit of rinsing vigorously with water after using a rinse instead of water. In fact, a recent blinded, randomised study has shown that “spit – not rinse” , it seems the message is not getting through. A recent study surveyed undertaken by the BDPMA showed that 5.3% of adults admit to rinsing with mouthwash after brushing, believing that rinsing with water after brushing will negate the positive effect of fluoride in the mouth and subsequently wash it away.

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